# ANNUAL REPORT 2022 - 2023

Sunshine House's leadership, staff and community members recognize that land acknowledgements can be a part of the truth seeking and reconciliation process.

Therefore, we acknowledge that our programming is situated in the traditional territories of the Anishinaabe, Cree, Dakota and Oji-Cree peoples as well as the homeland of the Red River Métis Nation. Our water is sourced from Shoal Lake 40 First Nation, and many of us as guests have benefited from the dispossession of peoples and the extraction of resources from those Indigenous peoples. We are obligated to continue to work towards reconciliation with those nations.

This year, members of our community were given messages from the Harris and Myran families that land acknowledgements are truly hollow exercises while the remains of loved ones and kin remain in the landfills. We must do what we can to ensure the safe arrival of the sacred remains and spiritual beings to their families and nations. This includes dedicating resources and time to those most impacted and holding political leaders accountable for their inaction.

Sunshine House as an organization will continue to support and work with Indigenous communities and people to provide safety and space from the ongoing and continued colonization of Indigenous people and land, and we are committed to ensuring that our programs are designed by and for Indigenous people. We have a lot of work to do in the spirit of truth and reconciliation and will continue to learn from the peoples most adversely affected by imposed economic poverty, racism, and continued dispossession of their territories.

Miigwech.

VISION: To create a place where people can grow. VALUES: Acceptance, Respect, Inclusion, Confidential-



#### STAFF

**Executive Director** Levi A. Foy

Finance Manager Carrie McCormack

Street Feet Coordinator Edith Allec

**Communications** Jenny Henkelman

Coordinator

**Gizhiwenimin Coordinator** Davey F. Cole (Apr.-Jul.)

Helina Zegeye

**Drop-In Coordinator** Feather Wolfe

MOPS Coordinator Davey F. Cole

Food Security Lead Jude Hayes

Maintenance & ID Peer Rowan Moyes

Support

**Executive Admin Assistant** Kianna McCormack

Intern & ID Peer Support Renu Shonek

#### **BOARD**

Chair Rob Marriott

Co-Treasurer Kim Bailey

**Co-Treasurer** Angeline Nelson

Secretary Kristi Beaune

**Directors** Claudyne Chevrier

Janellyn Marcial

Tara Myran

Rachelle Sorin

Souradet Shaw

Drop-In Staff Abdul Ahmed

Quinton Delorme

Crow Hart

Dave (Vida) Kirton

Caleb Maskiew

Deanna Meade

Brett Silver

Quinnzarr Zwingerman

MOPS Staff Val Ballantyne-Lewis

Sage Broomfield

Lisa Easton

Chantale Garand

Amanda MacTavish

Hailey Bird Matheson

MOPS Peer Workers Sid, Joan, Dawn, Elijah,

Roy, Jesse

#### **VOLUNTEERS**

**Super Volunteers:** Paula Ducharme, Lisa Stepnuk

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## Message from the Board

of Directors. I have had the pleasure of chairing the board for the past year and look forward to another year in this role. As a group we have been impressed with the output by the staff, volunteers and community members who keep this little house afloat.

This year, we created Manitoba's first formal overdose prevention site, saw a continued rise in numbers of people visiting the organization and got insight into the day-to-day challenges and successes that coincide with a rapidly growing organization. The growth is due in large part to the incredible work of all of the staff, funders and the very dedicated individuals who donate time and resources to the success of Sunshine House.

I would like to acknowledge the primary funders of Sunshine House for their financial support in 2022-23. During this fiscal year we received significant contributions from End Homelessness Winnipeg, Public Health Agency of Canada, Health Canada – Substance Use and Addictions Program. There were also considerable contributions from the United Way, Winnipeg Foundation, Canadian Women's Foundation and the Winnipeg Regional Health Authority. Sunshine House also received smaller grants from the University of Winnipeg – Kishaadigeh: Indigenous Self-Determination through Research for our Future Generations (NEIHR), the Doctor Peter Centre, Taking it Global, the Kinsmen Club of Manitoba, Toronto Dominion Forever Proud, Manitoba Healthy Seniors and Active Living.

Sunshine House really thrives when given freedom to allocate resources as needed, and that comes with the continued support of our friends at the United Way Winnipeg and the Winnipeg Foundation, who have provided ample support in our capital projects and program costs. They have also leveraged their connections and directed private donors to our independently funded projects. We had generous contributions from numerous private

foundations such as the Dufresne Family Foundation, Benefaction Foundation, Zita and Mark Bernstein Family Foundation, CW Stevenson, Snowy Owl Monarch Society, Pharmacy Students' Association at the University of Manitoba, St Paul's High School, Manitoba Underground Opera, Waterfront Foundation, Club 200, Oh Doughnuts, Councillor Vivian Santos and Dykes on Bikes. The amount of support we have received as an organization is absolutely incredible.

The board also acknowledges all of our individual contributors who donate monthly, have donated one-time, and continue to support the creative growth of the community at the various fundraisers such as Queer Bingo and the Queer Folk Festival in July. This type of freedom really allows the Sunshine House to be the place it has always been. The house would not be what it is without the buy-in from everyone, and I can speak for all of us that it is surprising to see how this team and this community continually come together to create and share the magic that flows from that unassuming brick building at the corner of Logan and Sherbrook.

I would like to acknowledge the hard work and dedication of long time board member Claudyne Chevrier who is leaving the board this year. Claudyne has been with the Sunshine House board since 2014. She, along with Craig Ross, who left last year, served as the memory for us new members and shared their knowledge and gifts with the newer board members. We appreciate both of them for their long-term commitment to Sunshine House

I am excited to welcome back our returning members and some new faces. We are very excited to see what the future holds.

Thank you.

ROB MARRIOTT
Chair of the Board

# Brunch

Brunch at Sunshine House before 2021 used to mean quiet, cozy conversations and Sunday morning papers. Before 2021, it was one of the more chill and intimate drop-ins we offered. Since my last report as food security lead however, the program has only continued to expand to meet the growing needs of our community members. It's difficult to say what "normal" looks like here anymore, but I can say now that brunch is our busiest day in the kitchen. In the fiscal year of 2022-2023, we served just under 4,000 brunch meals on the Sundays we were open.

The type of food we offer has remained as much the same as possible, carried on from the recipes and legacy Issa and Laurel Cassels left when they ran the kitchen. We continue to make scrambled eggs, french toast, pancakes, sausages, oatmeal, fruit, and any possible combination thereof every week. It's all as homemade as possible (though sometimes we have to cheat with pancake mix), and I can say proudly we've never had to resort to powdered eggs and the like. It's all cracked, blended, baked, or fried by myself and whoever I can coerce into working the kitchen with me (usually Brett).

I used to feel overwhelmed by 100 meals at the end of the shift, but now our average count on Sundays sits between 130-160 meals with very few leftovers to be had. To give you an idea of just how much food we make, we can easily go through 35-40 dozen eggs, ten kilograms of sausages, up to six massive cans of fruit cocktail, and anywhere between 15-20 loaves of bread on french toast days. We have long since stopped asking participants for the previous two-dollar suggested donation at the

door, and are fully focused on feeding as many people as possible, and meeting their needs like any of our other drop in days.

The food programs are supported in no small part by Winnipeg Harvest, Leftovers Foundation, Second Harvest, and the generosity of individual donations. We're still paying for most of the groceries ourselves though, and have to work hard to make sure everything is prepped, served, and stored safely throughout the day in our little kitchen. It should be noted that the rising price of groceries and lack of city-wide community food programming on weekends is likely what has helped contribute to these big attendance numbers, but the feedback that we get about the food and the atmosphere is very positive.

Everybody on site pitches in where possible, and the drop-in staff keep the show running even when I'm panicking in the back room about running out of meat for the day. Crow, Deanna, Vida, Caleb, and any of the other staff and supervisors around have often been yanked into the kitchen to help crack eggs or watch the stove while I run to the grocery store when we've run out of togo containers or cream.

At the end of it all, we make it work. Brunch is a program that the community really appreciates, so it's something we'll keep working towards making better every time we do it.

JUDE HAYES (HE/HIM) Food Security Lead





## 2S/Trans 1D Peer Support

**T** n the spring of 2022, we began to offer sup $oldsymbol{\perp}$  port for transgender and Two-Spirit people to change their legal name and/or gender marker through Manitoba Vital Statistics. We recognized a need for this as most of the existing programs doing ID support only offer help certifying documents and answering questions about the paperwork, but don't cover application or replacement ID fees, fingerprinting costs, help with acquiring or recovering any other documents needed for the application, or connecting people without a family doctor to a practitioner who can complete the medical portion of the forms. With a grant from the Canadian Women's Foundation, and help from Renu during their practicum at Sunshine House, we started doing all of that, plus advocacy at Vital Stats, and help with transportation and any other logistics. Renu and Rowan both became Commissioners of Oaths so participants could get their documents confirmed by other trans people, instead of requiring them to jump through an additional bureaucratic hoop.

We tried to start off slow, knowing we were bound to make mistakes along the way. We quickly realized that hosting drop-in events was not the ideal set up for something this complex and personal. Rowan began arranging one-on-one meetings with participants instead, and created a process to figure out what people would need for their paperwork in advance. It's no small task for a person to fill in upwards of 30 pages of forms using a name and gender they don't identify with, and getting everyone prepared before starting that task went a long way in smoothing out the process.

Although Vital Stats was closed for most of 2022 for renovations and there were major delays due to difficulties communicating with staff there, we helped about 25 people submit everything they needed between May 2022 and March 2023. Being able to offer advocacy on behalf of applicants who needed their new documents sooner than the year-plus wait time was extremely beneficial to many participants, though plenty of the earlier applicants still faced a very, very long wait. However, the positive response from everyone who has received ID affirming their name and gender has been overwhelming, and the relief from people knowing they don't need to risk their safety using their birth name in public has been tangible. Rowan has learned a lot after making perhaps every mistake possible in their first year and is looking forward to an easier overall process now that they know better, and is finally notorious enough to be on a first name basis with all of Vital Stats' frontline staff.

**ROWAN MOYES** 

**ID Peer Support** 

## Street Feet

Edith accepts a cheque from staff at St. Paul's High School

Over the 2022-2023 fiscal year, the once-a-week Street Feet foot care clinic provided services during 254 client visits. Walter, our nurse, provided top-notch care for these visits. Because many of our clients have mobility issues, we provided services on the main floor instead of in our clinic room upstairs. Thank you to the Drop-In staff for helping facilitate this, and also for providing tasty meals to our clients after their sessions!

Clients were referred to us from a wide range of sources, including WRHA Access Centers, P.A.C.T., a church group, Dialysis Clinics, WRHA and Selkirk Mental Health, Aboriginal Health and Wellnesss, Mount Carmel Clinic (including A.C.T.), Drop-In clients and staff, Gizhe Waa Tii-Si-Win, the KSIW medical boarding home, Siloam Mission (including the Madison House), K&D Transitions and Main Street Project.

In April 2022 we received a generous \$2500 donation from St. Paul's High School's Youth in Philanthropy program towards a planned project in building a ramp to increase accessibility into our building. We continue to appreciate their generosity and friendship!

Along with several foot care nurses from other organizations, Street Feet supplied Foot Care services at the Gizhe Waa Tii-Si-Win Expo at Siloam Mission in June 2022.

People have come in barefoot or wearing sandals when it is minus 30 in the winter, with shoes that are two sizes too small, with toes needing amputation. A great huge thank you to all who donated or fundraised for shoes and socks. It can be a high point in someone's day to receive that basic item which many of us take for granted.

EDITH ALLEC
Street Feet Coordinator

## Gizhiwenimin

The Gizhiwenimin program at Sunshine House began in 2019 as a response to incidents of asylum seekers walking to the US-Canada border seeking safety. Its purpose is to support 2SLGBTQIA+ refugee claimants and newcomers, helping them navigate systems and connect with queer community in Winnipeg. We have written letters of support for two refugees as we continue to stand

with them through their filing process, developing safety plans for deportation, providing groceries, check ins and safe spaces for connection. In Anishinaabemowin, Gizhiwenimin means to convey that "We see you, we hear you, we love you." Through this mission statement, the program seeks to validate, witness and support those who are struggling to find acceptance in their resettlement process. Fostering a sense of community for queer persons who have been displaced by oppression, violence and political marginalization is a cornerstone to the intention of the program.

While there are some services available to queer newcomers and refugees, service providers often lack awareness of how homophobia and

racism/xenophobia interact to limit transparency and the individual's comfort within service delivery environments. Shortfalls within the system have provided us the opportunity to educate community liaisons on the harms of outing individuals to their ethno-cultural communities as we seek to improve service provider proficiency for those supporting queer newcomers. Support often has taken the form of facilitating applications for ID, healthcare, housing and mental and spiritual support for our program participants.

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Gizhiwenimin participants gather to celebrate the end of Ramadan

Gizhiwenimin has grown to distribute over 300 rapid HIV test kits, facilitated vaccination clinics for M-Pox and other preventable infections, coordinated STBBI testing clinics, handed out over 50 pregnancy tests and all while working with the MHRN to highlight shifting health trends in the province. In addition to the medical resources we have supported, this department coordi-

nates housing referrals, supporting people through eviction, providing emergency hotel stays for queer participants who are at a higher risk of face violence in traditional shelters, as well as transporting participant possessions during moves, attending housing viewings and writing letters of support on behalf of tenants.

We have seen an uptick of international requests for immigration support as anti-gay and anti-trans legislation continue to be introduced and passed in many countries with the individuals currently receiving support through this program come from four different countries. As immigration cases paused during COVID-19 are once

again being processed, we anticipate that the program is heading into a busier period and thus we will continue to host cultural events like our Eid celebration to extend our resources to meet the requests of our participants. We are excited to see engagement increase post pandemic as the program is expanding its membership and services provided.

HELINA ZEGEYE (they/she)

Gizhiwenimin Coordinator

# Drop-In

What a year! Full of ups-and-downs like any drop-in/resource place would have. But in the end it was a great year – every day we were open we had community come in, and it's been busier than ever.

When we are ready to open, we light a smudge and prepare. Every day there seems to be a line that only gets bigger, especially on warmer days. We see about 40-70 people in the first hour. Participants have access to warm food and a place to chill and chat. We have laundry facilities that are first-come-first-served; a clothing closet for donated clothing and new underwear and socks; harm reduction and hygiene products, plus a place to shower and a place to rest.

Whatever we get our hands on, we give out. We get regular donations of bread twice a week, food from Harvest Manitoba, plus the items brought by supporters all around the city. This helps us keep our Community Fridge in operation and helps us give out non-perishable food items.

With the rise in numbers of participants, we tried our best to program fun activities on Tuesday and Saturdays. Some favourites have been playing bingo and painting, colouring and other visual art. We also did more practical activities like food prep and baking. We also did activities that have cultural significance to most of our participants, such as beading and making dream catchers. Doing activities with folks has really developed relationships and been a wonderful experience.

**FEATHER WOLFE** 

**Drop-In Coordinator** 

### DROP-IN BY THE NUMBERS

Participant Visits: 16,451

Harm Reduction Supplies

Dispensed: 2,077

Transportation Instances: 4,798

Clothing Closet Visits: 824

Note: the harm reduction supply and clothing numbers are low, as not all instances are logged

We would like to acknowledge the passing of the friends and family we lost this year:

DANIELLE BALLANTYNE ♦ JONAH (HENRY PRUDEN) ♦ MORGAN HARRIS

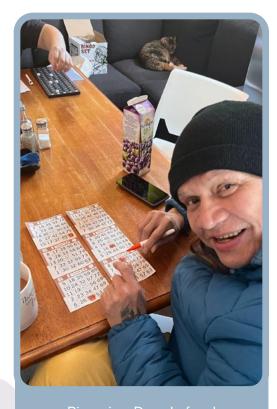
RAY TROUGHTON ♦ RICHARD HENRY ♦ SLAYTANA (KEV TAN)



Celebrating Andrew's birthday in October



Gathering at the Sacred Fire for Margaret Ormond in August



Bingo is a Drop-In fave!

# Like That

Like That is an integral piece for our queer community. It is a safe place to come and hang out, make new friends, eat and laugh and undergo a little good-natured ribbing. The Like That Program is the same, in a way, as afternoon Drop-In, but it's more queer and more vibrant. We do activities that the folks who utilize the space want to do. Some big things we have done are Jewelry-making, karaoke, movies and games.

Like That has seen a lot of new faces this year, with word of our space getting out there again and with keeping in touch with the community via our Instagram and Facebook pages. Word has also spread about the 2S/Trans ID Peer Support program, and working with Like That participants in our seasonal Queer Bingo fundraisers which in turn has nurtured the friendships and sense of community we've come to cultivate here.

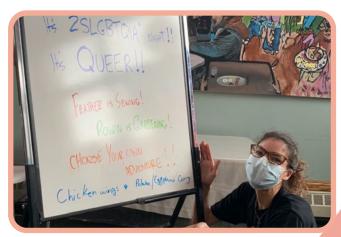
The start of every Like That isn't as busy as the afternoon Drop-In. We begin with a smudge before opening up to a couple of people, and we usually wait about 15-20 minutes before starting activities as a grace period for people who've just gotten off work, classes or having to travel from the further parts of the city. This makes for a more exciting entrance, as each new arrival is greeted with cheers from fellow participants that they've come to hang out for the evening!

CROW HART
Drop-In Staff

**FEATHER WOLFE**Drop-In Coordinator

Opposite page photos, top row: Feather accepts a novelty cheque from Soleil and Purple representing the money they raised at their Much Betta! fundraiser. Kianna with the Like That whiteboard. Middle: Staff and volunteers at the 2022 telethon. Bottom: The Sunshine House float at the Pride Parade!









## Mobile Overdose Prevention Site

In 2022, Sunshine House was granted the opportunity to start a Mobile Overdose Prevention Site (aka MOPS). Originally it was slated as an 18-month project to start in the spring of 2022, but we were then required to apply for an exemption from Health Canada which held up the project. We started service delivery as Manitoba's first and only formal overdose prevention site on October 28, 2022. During these months before service delivery we hired our team, decided on the locations in the community where MOPS would be stationed, purchased an RV and got staff trained in first aid and emergency overdose response. The Peer Advisory Committee, composed of community members and knowledge keepers, were involved in each of these steps, and multiple meetings were held leading up to the opening of MOPS.

We chose an RV as the mobile unit on advice from the community, who wanted to keep a comfortable and "homey" setting, as opposed to a medical van. The idea was keep it similar to how Sunshine House is run like an "auntie's house," so the vibe would be familiar.

In July of last year, the MOPS coordinator (Davey) and

first full-time MOPS driver (Val) traveled to Vancouver to participate in site visits at overdose prevention sites and mobile units in that city, gaining knowledge on how they operate and learning from folks doing the work out there.

We received the exemption from Health Canada to operate under the Urgent Public Health Need on October 27, 2022. We began service the very next day. We initially started with small numbers but quickly grew every month we were open. The community was very receptive from the start, and once word started to spread, we were seeing 90 visits a day by January, with 20 people a day using drugs in the RV or tent. Staff were doing naloxone training daily and people were beginning to take drug testing strips more consistently, as we were providing fentanyl and benzo testing strips.

Drug testing was always intended to be a part of this project as a response to the drug toxicity crisis. We needed additional funding to purchase an FTIR spectrometer that could give fast and accurate results to show what substances actually contain. From July to January,













we ran a fundraising campaign to raise this money, and the machine finally arrived in March. We did our due diligence in selecting the machine – we met with several companies, and consultations included the Peer Advisory Committee and our friends at the Manitoba Harm Reduction Network.

We trained MOPS staff on the FTIR spectrometer in March and were able to slowly introduce the service to the community in early April. Information from our drug checking (both via the strips and the FTIR) was fed into the SaferSites drug alert system, run by Jenny. The drug alerts pushed info about substances out onto social media and into the community via handbills and posters.

The winter months were very busy. MOPS was becoming more and more its own community space as more people heard about it, which meant we had to increase our staffing levels. We have developed a peer hiring program which has helped tremendously with staffing the RV. An essential value of ours is that an overdose prevention site should be peer-led, and that has been a priority in hiring folks who have connections to community and lived experience. Peer workers work when they can and have all been hired because of the harm reduction work they are already doing in their communities. In July we were able to hire a peer support coordinator to work with the MOPS coordinator and the peers in supporting the peer workers in however they may need, such as specific training, support with housing or IDs, job skills and resume building. We have had great success with this aspect of our program, with currently five regular peer

workers who are empowered and honored for the work they do and the expertise they bring to our team.

The community support for the MOPS continues to this day, with our number of visits each day being about 130 and 50 people using the tent or RV for safer drug use. We have seen 22 overdoses/drug poisonings with no deaths, and only three visits to the hospital where each of those times the person was up and requested to go. The MOPS team works hard to create a safer community space for people who use drugs and it shows everyday how much care goes into that. On Fridays the Ka Ni Kanichihk Mino Pimatisiwin Sexual Wellness Lodge joins our site with a nurse and an auntie to provide care for our folks. It's been really great for our community.

It's been a wild year to say the least, but the one thing that rings true throughout every hurdle and every win is that this service is an absolute need for our community and it can be done. This is shown from our consistent daily numbers of folks attending the site, to the positive reception from the people we serve, to the organizations and adjacent communities who show up in all the ways they can to support this life-saving service. It has been an overwhelming confirmation of the need for this service. It has also been an incredible joy to serve our community in this way, and that can be seen everyday down at the site, in between the hustle of set up and the hundreds of sugary coffees and the constant life and death reality of what we are doing. There is the joy that we are all there to just to take care of each other.

DAVEY F. COLE MOPS Coordinator

Opposite page, L-R: Inside the RV on the MOPS' first day of operation. Big beautiful RV shot on MOPS' first day. Inside the RV as it attended the Red Ribbon Ball. This page, L-R: Naloxone training at MOPS. Inside the inhalation tent. The MOPS crew celebrates reaching our fundraising goal to purchase the FTIR machine.

# Letter from the Executive Director

Boozhoo!
This year, as I prepared to make my contribution to our Annual Report, I took the opportunity to read over and reflect on the annual reports of years past. I chucked at the audacity, nerve and frankness of Margaret Ormond and Ben Simcoe as they carefully tried to lay out the groundwork for the next year to come. It was always bodacious!

At this juncture in my role as Executive Director I am not sure which ask is more difficult: project a plan for the future or reflect on previous years accomplishments.

The constant in these reports is the pride, accomplishment and excitement for the future. Margaret found an excitement in showing off our work and instilled fulfillment in the mundane. The magic was infectious, and when we came together last August to celebrate her life, a lot of us were reminded of that magic.

In our well-lit, poorly-ventilated office, I often wonder, what would she say about the things that are happening on the day-to-day here? I think she would furrow her brow, chuckle, and be critical enough. but not stand in the way. Although many of the people who are here now did not have the joy and pleasure of working with Margaret, many of them bring that joy, wonder, curiosity and a transformative spirit to the work. It is inspiring to work with this team. This work comes with ebbs and flows and each person who currently works or spends time at Sunshine House understands and is committed to

the ethos of Margaret. They are audacious, fearless and inspirational. Most importantly, they love. The thing that amazes me right now is the deep rooted love that every member of this community brings to the House every day.

When Margaret's son JD was at the House last August for the sacred fire, he caught me in the hallway and he said. "Levi, this is like a museum of love." In all the noise and the chaos that is exactly what this place is. This tapestry of love is present in the ways that the MOPS team set-up fishing shacks and boom boxes in the dead of winter, or the ways that drop-in staff will switch gears and drop everything to go find shoes for someone, search their own phones for a random phone number, or feed the damn frog. There are the artifacts of the memes and jokes we share at our co-workers' expense, the pieces of clothing left in the sewing machine to be finished tomorrow and the half-drunk containers of Pepsi in the harm reduction room. Some days, that love is the smell of the Crow smudge that has faint whiffs of sweetgrass or the Val smudge that burns your eyes from all the smoke. The sounds of Davey's laugh echoing through the entire top floor all the way to the medicine garden out back. Not all days are idyllic like that, but those are the moments that make coming to work so special and allow us to navigate the very hard times that come with this work.

To look to the future we really need to understand our present and past. That is where I admired the ability of

Margaret and Ben to be excited about and boldly write that down. There is so much to be hopeful about but we occasionally get trodden down by the realities, succumb to our supposed limitations and sometimes just shut down. But, you know what? That is actually fine, because that is the beauty of those old reports, this current team, our broad network of supporters and the people who come to see us everyday. They create futures with endless possibilities and unbridled optimism, nested in branches of love and hope. Reality is messed up and fucked up, but the future? Wow. That is endless! But, shit, is it scary.

Through this report you have been told a series of stories, given glimpses of our day-to-day, and gained an understanding of how much people do when given not a lot. Our future is no different. We are going to continue to work with our partners in establishing permanent safe spaces for people who use drugs. I want to extend a huge personal thanks to Shohan and Jonny from Manitoba Harm Reduction Network for always answering my texts and incoherent emails. In that vein, it is super important to acknowledge the incredible work of Jamil from Main Street Project who kept me focused, and the whole team at MSP for committing time, resources and knowledge to the initiation of the Mobile Overdose Prevention Site, ensuring that we could start and continue.

There is a broad network of individuals across who have really stood with us and done their best to ensure

that the people we work with are connected and safe. I would like to acknowledge their incredible work — this includes the teams at West Central Resource Centre, North End Women's Centre, Siloam Mission, Acorn Family Place, WRHA – Healthy Sexuality and Harm Reduction, Ka Ni Kanichihk, Sage House and End Homelessness Winnipeg. We are working towards establishing better supports and spaces for 2SLGBTQIA+ people in our community through a developing partnership with Two-Spirited People of Manitoba. Our crew has been hard at work strengthening relationships with our long-term partners at the University of Manitoba, Salvation Army and Nine Circles Community Health Centre.

We want to continue supporting the young leaders at the House through training and development opportunities. Who knows, maybe we will continue pursuing some social enterprise? Maybe bring back some kick-ass merch? (The one thing I can say for certain is that micro-greens and kombucha are not on the horizon!) In all seriousness, the only real thing I want to happen in the future is that some day when all these beautiful people look back at this year at Sunshine House and the last few years and the next few years is to think, "Wow! We fucking did that!"

Chi-miigwech,

**LEVI A. FOY** Executive Director





# Photo Album



This page, top to bottom: Val shares a laugh with Lisa. Medicine picking day 2022! Paula and Rowan work on the medicine garden boxes. Opposite page, column 1: Sunshine House runs on Pepsi! Jinkx wears a donated hat. Rowan's dog Rosa is a welcome visitor at the House. Column 2: Vida prerecords a segment for the Telethon. Job training day for Brett! Davey and Feather on medicine picking day.















# SUNSHINE HOUSE INC. FINANCIAL STATEMENTS MARCH 31, 2023



#### CHARTERED PROFESSIONAL ACCOUNTANTS

#### INDEPENDENT AUDITOR'S REPORT

To the members of Sunshine House Inc.:

#### Opinion

We have audited the financial statements of Sunshine House Inc. (the Organization), which comprise the statement of financial position as at March 31, 2023, and the statement of operations and changes in net assets and statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the accompanying financial statements present fairly, in all material respects, the financial position of the Organization as at March 31, 2023, and its financial performance and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

#### Basis for Opinion

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Statements* section of our report. We are independent of the Organization in accordance with the ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Statements* section of our report. We are independent of the Organization in accordance with the ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Responsibilities of Management and Those Charged with Governance for the Financial Statements
Management is responsible for the preparation and fair presentation of the financial statements in accordance
with Canadian accounting standard for not-for-profit organizations, and for such internal control as
management determines is necessary to enable the preparation of financial statements that are free from
material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Organization's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Organization or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Organization's financial reporting process.

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or
  error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is
  sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material
  misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve
  collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that
  are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness
  of the Organization's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Organization's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Organization to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the
  disclosures, and whether the financial statements represent the underlying transactions and events in a
  manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Scarrow & Donald LLP

Chartered Professional Accountants August 31, 2023 Winnipeg, Canada

#### STATEMENT OF FINANCIAL POSITION

		As at March 31,		
	_	2023	_	2022
ASSETS				
Current assets:				
Cash	\$	66,357	\$	91,863
Accounts receivable	•	127,609	•	52,537
Prepaid expenses		5,096		5,764
	_		_	typottyn sattance
		199,062		150,164
Fixed assets (Note 3)	_	179,794	_	96,407
	\$_	378,856	\$_	246,571
LIABILITIES AND NET ASSETS				
Current liabilities:				
Accounts payable and accrued liabilities	\$	26,524	\$	19,134
Government remittances payable		33,863		9,787
Deferred contributions (Note 4)	_	100,532		95,795
		160,919		124,716
Deferred contributions - fixed assets (Note 5)	_	36,121		48,494
		197,040		173,210
Net assets:				
Unrestricted net assets	-	181,816		73,361
	\$	378,856	\$	246,571

APPROVED BY THE BOARD:

\_Director

Director

#### STATEMENT OF OPERATIONS AND CHANGES IN NET ASSETS

		For the year ended		
		March 31,		
	_	2023	_	2022
Revenues:				
Amortization of deferred contributions - fixed assets	\$	12,373	\$	12,373
Federal government grants		578,127		234,124
Provincial governement grants		75,000		75,000
Foundations and other grants		365,897		205,361
Fundraising income		115,854		43,003
Donations		125,316		118,033
Like That fundraising		25,901		1,305
Interest and other	_	7,510		4,003
		1,305,978		693,202
Expenses:		1.5.5.5		5.5 (5. <b>1</b>
Programs		255,438		152,508
Personnel		719,553		420,118
General and administrative		136,814		60,059
Building		32,761		32,161
Amortization	_	52,957	_	25,689
	-	1,197,523	-	690,535
Difference between revenues and expenses		108,455		2,667
Unrestricted net assets, beginning of year	,-	73,361		70,694
Unrestricted net assets, end of year	\$_	181,816	\$_	73,361

#### STATEMENT OF CASH FLOWS

	For the year ended March 31,			
	2023	2022		
Cash flow from operating activities:	<del></del>	7		
Cash received from funders and others	\$ 1,223,270 \$	721,485		
Cash paid to suppliers and employees	(1,112,432)	(653,860)		
	110,838	67,625		
Cash flow from investing activities:				
Purchase of fixed assets	(136,344)	(51,239)		
Change in cash	(25,506)	16,386		
Cash, beginning of year	91,863	75,477		
Cash, end of year	\$ 66,357 \$	91,863		

#### NOTES TO FINANCIAL STATEMENTS

#### FOR THE YEAR ENDED MARCH 31, 2023

#### 1. Purpose of the Organization:

Sunshine House Inc. (the "Organization"), is incorporated under the laws of the Province of Manitoba as a not-for-profit organization and is a registered charity under the Income Tax Act of Canada. The Organization is a community drop-in and resource centre focusing on harm reduction, population health promotion, and social inclusion. The Organization is a gap-filling organization that works with individuals in under-served populations, providing programming that fulfills people's social, community, and recreational needs.

#### 2. Significant accounting policies:

The financial statements have been prepared in accordance with Canadian accounting standards for not-for-profit organizations. An assumption underlying the preparations of financial statements in accordance with Canadian accounting standards for not-for-profit organizations is that the Organization will continue for the foreseeable future and will be able to realize its assets and discharge liabilities in the normal course of operations.

The financial statements include the following significant accounting policies:

a) Revenue recognition and deferred revenues-

The Organization follows the deferral method of accounting for contributions.

Restricted contributions are recognized as revenue in the year in which the related expenses occur.

Unrestricted contributions, grants and sponsorships are recognized as revenue in the operating fund when received or receivable if the amount to be received can be reasonably estimated and collection is reasonably assured.

Fundraising income, Like That fundraising and other revenue is recognized as revenue as services are delivered and the amount to be received can be reasonably estimated and collection is reasonably assured.

Interest is recognized on a time proportioned basis.

#### b) Accounting estimates-

The preparation of financial statements in accordance with Canadian accounting standards for not-forprofit organizations requires management to make estimates and judgments that affect the reported amounts of assets and liabilities, the disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of revenues and expenses during the reported period.

Accounting estimates are included in financial statements to approximate the effect of past transactions or events, or to approximate the present status of an asset or liability. It is possible that changes in future economic conditions could require changes in the recognized amounts for accounting estimates. These estimates are reviewed periodically, and, as adjustments become necessary, they are reported in the period in which they became known. Significant areas of estimation by management include the impairment of non-financial assets, the useful lives of capital assets and the fair value of financial instruments. Management bases their judgments, estimates and assumptions on factors they believe to be reasonable in the circumstances, but which may be inherently uncertain and unpredictable.

#### NOTES TO FINANCIAL STATEMENTS

#### FOR THE YEAR ENDED MARCH 31, 2023

#### 2. Significant accounting policies (continued):

#### c) Financial instruments-

Except for certain related party transactions financial instruments are measured at fair value on initial recognition adjusted by, in the case of a financial instrument that will not be measured subsequently at fair value, financing fees and transaction costs that are directly attributable to its origination, acquisition, issuance or assumption. Transactions costs related to financial instruments that will be measured subsequently at fair value are recognized in net income for the period incurred.

In subsequent periods investments in equity instruments that are quoted in an active market and certain derivative contracts are measured at fair value without any adjustment for transaction costs that may incur on sale or other disposal. The Organization may elect to measure any financial instrument at fair value when the asset or liability is first recognized or for equity instruments previously measured at fair value when the equity instrument ceases to be quoted in an active market. Other investments in equity instruments are measured at cost less any reduction for impairments. All other financial instruments are measured at amortized cost. Amortized cost is the amount at which the financial instrument is measured at initial recognition less principal repayments, plus or minus the cumulative of any difference between that initial amount and the maturity amount, and minus any reduction for impairment.

The Organization measures its financial instruments at amortized cost.

The Organization assesses impairment of all its financial assets, except those measured at fair value. Management considers whether there has been a breach in contract, such as a default or delinquency in interest or principal payments in determining whether objective evidence of impairment exists. Impairment is included in current earnings.

#### d) Fixed assets-

Fixed assets are recorded at cost and amortized over their estimated useful lives, except for contributed assets which are recorded at fair market value at the time of the contribution plus all costs directly attributable to the acquisition. This requires estimation of the useful life of the asset and its salvage and residual value. When a fixed asset is impaired, the excess of its net carrying amount over the asset's fair value or replacement cost is recognized as an expense. As is true for all accounting estimates, it is possible that changes in future conditions could require changes in the recognized amounts for accounting estimates. Amortization is recognized on a straight-line basis as follows:

Building 20 years Vehicle 8 years Furniture and equipment 5 years

#### e) Contributed services-

Volunteers contribute many hours per year to assist the Organization in carrying out its service delivery activities. Due to the difficulty in determining the fair value, contributed services are not recognized in the financial statements.

#### NOTES TO FINANCIAL STATEMENTS

#### FOR THE YEAR ENDED MARCH 31, 2023

#### 3. Fixed assets:

	March 31,								
		2023				2022			
		Cost		cumulated nortization	-	Cost		cumulated nortization	
Building Vehicle Furniture and equipment	\$	264,902 99,478 78,537	\$	211,197 30,883 21,043	\$	264,902 19,978 21,693	\$	192,344 12,486 5,336	
	-	442,917	_	263,123	=	306,573	-	210,166	
Net book value		\$ <u>179,794</u> \$ <u>96,407</u>			)7				

#### 4. Deferred contributions:

		March 31,			
	-	2023	-	2022	
Balance, beginning of year	\$	95,795	\$	16,618	
Amounts recognized as revenue		(134,696)		(10,302)	
Deferred amounts recevied	_	139,433	-	89,479	
Balance, end of year	\$_	100,532	\$	95,795	

The Organization has received various grants and contributions for specific operational expenses and events for which the amount received has not been fully spent. These amounts are expected to be realized in the coming year.

#### 5. Deferred contributions - fixed assets:

		March 31,		
	=	2023	_	2022
Balance, beginning of year Amounts amortized to revenue	\$	48,494 (12,373)	\$	60,867 (12,373)
Balance, end of year	\$	36,121	\$	48,494

#### NOTES TO FINANCIAL STATEMENTS

#### FOR THE YEAR ENDED MARCH 31, 2023

#### 6. Operating line:

The Organization has available to it an unsecured operating line for \$22,500 (2022 - \$22,500). The line bears interest at prime plus 3.0% (2022 - prime plus 3.0%) is due on demand and has a general security agreement against assets of the Organization. The line is renewed annually by the bank.

#### 7. Risk management and fair values:

Management's risk management policies are typically performed as a part of the overall management of the Organization's operations. Management is aware of risks related to these objectives through direct personal involvement with employees and outside parties. In the normal course of its operations, the Organization is exposed to a number of risks that can affect its operating performance. Management's close involvement in operations helps identify risks and variations from expectations. As a part of the overall operation of the Organization, management considers the avoidance of undue concentrations of risk. These risks and the actions taken to manage them include the following:

#### Liquidity risk-

Liquidity risk is the risk that the Organization cannot meet its financial obligations associated with financial liabilities in full. The Organization's main sources of liquidity are its operations and funding from organizations and other sponsors. The funds are primarily used to finance working capital and fixed asset expenditure requirements and are adequate to meet the Organization's financial obligations associated with financial liabilities.

#### Credit risk-

Credit risk arises from the possibility that debtors may be unable to fulfill their commitments. For a financial asset, this is typically the gross carrying amount, net of any amounts offset and any impairment losses. The Organization has credit policies to address credit risk on accounts receivable, which may include the analysis of the financial position of the debtor and review of credit limits. The Organization also may review credit history before establishing credit and review credit performance. An allowance for doubtful accounts or other impairment provisions are established based upon factors surrounding credit risk, historical trends and other information. No allowance for doubtful accounts has been recorded for accounts receivable. No bad debt expense has been recorded.



SUNSHINE HOUSE, INC. 646 LOGAN AVE. WINNIPEG, MB R3T 0R1

204-783-8565

SUNSHINEHOUSEWPG.ORG